

NEWSLETTER



YOGA

Vine Images, INC is a female founded company, dedicated to teaching new skills that promote self-expression, mindfulness and creativity. We are excited to continue to work with Girl Scout around the world, focusing on art and yoga. Attached is a complete list of courses we offer and dates through March of 2023.

DIY PAINT KITS

This year will be filled with creative arts that anyone can do. These DIY paint kits come with everything you need to create a master piece. From door hangers to shelf pieces, kids will have a blast making and showcasing their work. These pair perfectly with troop events and badges.



PHOTOGRAPHY

Every Girl Scout deserves a chance to explore their creativity and learn a new skill to capture a lifetime of memories. The problem is most courses are very technical and confusing. At Vine Images, INC we create fun, engaging, kid friendly photography courses to meet all badge requirements that give you a great foundation to build upon. This course requires you to explore outside and find the perfect light by completing photo challenges.

1. Junior – Digital Photographer Badge - \$15 per Girl Scout
2. Ambassador – Photographer Badge - \$15 per Girl Scout
3. All Ages – Kidz Photography Patch - \$20 per Girl Scout - Patch Included

Registration Link:

<https://www.vineimages.org/product/digital-photography-classes/>

Additional Information:

- If you are participating in our live zoom, please log into your account prior to class. You can access your account through “My Account” enter your email address and password you created at checkout. If you miss the zoom, all course content is in your account. The live zoom for this course is a bonus feature to meet all age Girl Scouts around the world and participate in a fun photography lesson, meet a professional photographer and ask questions. After the zoom you will need to complete the remaining course work. All steps are virtual and self-paced with video instruction. You will be given instant access to the full course at purchase.
- Zoom is roughly 45 mins – 1 hour
- Supplies Needed for Zoom: Empty water/soda bottle with the bottom cut off and mobile device/camera

Dates Live Zoom:

- August 7th 8:00pm EST
- November 13th 7:30pm EST
- February 18th, 2023 12:30pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

OUTDOOR ART

Being outside in nature is a great way to spark your creativity. Some of our greatest works of art are inspired by nature. The outdoor art badge takes you out exploring great works of art, learn to become a nature photographer and create your very own artwork. You will need some craft supplies and a camera or mobile device.

1. Brownie – Outdoor Art Creator - \$12 per Girl Scout
2. Junior – Outdoor Art Explorer - \$12 per Girl Scout
3. Cadette – Outdoor Art Apprentice - \$12 per Girl Scout
4. Senior – Outdoor Art Expert - \$10 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/outdoor-art-classes/>

Additional Information:

- If you are participating in our live zoom, please log into your account prior to class. You can access your account through “My Account” enter your email address and password you created at checkout. If you miss the zoom, all course content is in your account. The live zoom for this course is a bonus feature to meet all age Girl Scouts around the world and participate in a fun photography lesson, meet a professional photographer and ask questions. After the zoom you will need to complete the remaining course work. All steps are virtual and self-paced with video instruction. You will be given instant access to the full course at purchase.
- Zoom is roughly 45 mins – 1 hour
- Supplies Needed for Zoom: Empty water/soda bottle with the bottom cut off and mobile device/camera

Dates Live Zoom:

- August 6th 8:00pm EST
- November 13th 7:30pm EST
- February 18th, 2023 12:30pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

DIY PAINT KITS

Relaxation and mindfulness techniques can create lasting changes and give our students the tools they need to cope with the stress. Research has shown that the process of creating art can have many beneficial effects on our well-being. Art-making can increase our sense of presence, flow, and creativity, enhance sensory pleasure and mindfulness of the present moment, and help manage stress and anxiety.

This collection of DIY kits are all about fueling your creativity! Grab one of our laser-cut blanks for your next DIY project. Your imagination is the limit! DIY Blank Wood is perfect for the DIYer and PARTIES. That's right, you can create your very own paint party. All orders are custom made & ready to ship!

- Brownie – Painting Badge - \$20 - \$25 per Girl Scout

Registration Link:

<https://www.vineimages.org/diy-kits/>

Additional Information:

- This course may require some craft supplies, most kits come with everything needed.
- Course is roughly 1 hour and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

COURAGEOUS & STRONG

When you've earned your Tula petal, you'll know how to be courageous and strong, just like Tula the Tulip. During this course we will focus on fun yoga poses and dances that make us courageous and strong. Make your own superhero cuffs and wear them during our yoga class.

- Daisy – Courageous & Strong - \$12 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/daisy-courageousandstrong/>

Additional Information:

- This course does require some physical activity, participate at your comfort level.
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.
- Yoga mat is recommended, but not required

Dates Live Zoom:

- December 4th 6:00pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

MY BEST SELF

My best self is healthy and happy. Join us as we explore yoga to help us stress less. We only get one body, so its important to take care of it! Learn to pay attention to what your body needs and how to ask for health help if you need it. During this badge we will focus on: Getting to know your body, Eat and play in a healthy way, Find out how your body works, Know what to do if something bugs you and Meet a certified yoga instructor.

- Brownie – My Best Self - \$12 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/brownies-my-best-self/>

Additional Information:

- This course does require some physical activity, participate at your comfort level.
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.
- Yoga mat is recommended, but not required

Dates Live Zoom:

- August 7th 6:30pm EST
- November 12th 1:30pm EST
- February 19th 2023 6:30pm EST
- March 25th 2023 12:30pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

STAY FIT

Kids yoga classes are a wonderful way to increase children's coordination, self-awareness, confidence and self-esteem while they stretch and strengthen their bodies.

By using yoga, children can learn to relax, concentrate and be gentle in a fun and creative environment. We will focus on learning beginner yoga poses, ways to stress less and how to include the whole family in our fun fitness journey.

- Junior – Stay Fit - \$12 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/juniors-stay-fit/>

Additional Information:

- This course does require some physical activity, participate at your comfort level.
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.
- Yoga mat is recommended, but not required

Dates Live Zoom:

- August 7th 5:00pm EST
- November 13th 5:00pm EST
- February 18th 2023 12:30pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

SCIENCE OF HAPPINESS

Did you know there is a proven science on how you can increase self-happiness? Test ways to be more joyful and experiment with different techniques to increase your happiness during our Science of Happiness badge. Find out how scientists measure happiness and put their results into action. When you have earned this badge, you'll know how to use the science of happiness to make your world the happiest place it can be. Join us as we explore yoga to help us stress less.

- Cadette – Science of Happiness - \$12 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/cadettes-science-of-happiness/>

Additional Information:

- This course does require some physical activity, participate at your comfort level.
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.
- Yoga mat is recommended, but not required

Dates Live Zoom:

- November 12th 3:00pm EST
- February 26th 2023 6:00pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

RESILIENT. READY. STRONG

Life isn't always easy, but dealing with tricky emotions doesn't have to be so hard. Try activities from the Girl Scouts: Resilient. Ready. Strong. program to unlock a patch and strengthen your mental wellness. Nobody can snap their fingers and make the world all sunshine and lollipops, but you can take steps to be ready when things get tough. Go get 'em, Girl Scout!

During our live zoom, we will focus on learning yoga and mindfulness activities. We will complete 3 activities from the activity guide. Please bring a journal or notebook and something to write with.

- Resilient. Ready. Strong. Patch - \$5 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/resilient-ready-strong-patch/>

Additional Information:

- This course does require some physical activity, participate at your comfort level.
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.
- Yoga mat is recommended, but not required

Dates Live Zoom:

- October 23rd 6:00pm EST (Glow Party)
- February 5th 6:00pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

FLOWERS

Vine Images, INC has partnered with a local lavender farm and yoga studio to teach you about the Power of Flowers. Spend the evening making bath bombs and learning all about flowers from different towns, with special focus on lavender. It is a great opportunity for Girl Scouts to work together and learn how flowers can help people. This course pairs nicely with our "Stay Fit" badge and learning how to stress less with yoga. You will need bath bomb ingredients, a list is provided in the registration link.

- Junior – Flowers - \$10 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/juniors-flower-badge/>

Additional Information:

- This course does require bath bomb supplies
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.

Dates Live Zoom:

- November 13th 3:30pm EST
- February 19th 2023 5:00pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

JEWELER

Jewelry is a beautiful accessory that can highlight your natural beauty and make you feel more confident. When you design and make your own jewelry, your accessory options are nearly endless. You can learn simple and exciting techniques on how to make jewelry from the comfort and convenience of your home with our DIY Jewelry Kit. The course teaches a brief history of jewelry, how your jewelry blanks were designed and made and how to create each item in your kit. The kit is complete with all supplies needed. We do recommend a pair of needle nose pliers to help secure hardware pieces.

- Junior – Jeweler - \$25 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/juniors-jeweler-badge/>

Additional Information:

- This course does require a kit to complete
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.

Dates Live Zoom:

- November 12th 5pm EST
- March 25th 2023 2:00pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

ENTREPRENEUR

Everyone has million-dollar ideas, but people rarely act on those thoughts. Sometimes, all you need is an out of the world thought, some great marketing skills and someone to believe in you to bring that idea to life. Girl Scouts, we are going to learn how to bring a business concept to reality and the one thing every successful entrepreneur has in common. Join Pam, founder of Vine Images, INC as she walks you through real life experiences and techniques used to become an entrepreneur. Submit your business pitch to Vine Images for review after your course.

We will be creating a Boutique Store that sells bath bombs, creating our own brand and learning how to pitch our idea. Please purchase the list of ingredients in link.

- Brownie – Budding Entrepreneur - \$10 per Girl Scout
- Junior – Business Jumpstart - \$10 per Girl Scout
- Cadette – Business Creator - \$10 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/entrepreneurship/>

Additional Information:

- This course does require you to complete Step 1 prior to zoom, Step 3 after zoom.
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.

Dates Live Zoom:

- November 14th 8:00pm EST
- February 6th 8:00pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

SCIENCE OF SEWING

Learning a craft like sewing is not just a useful skill, but it also helps stitch together the fabric of our past. Join us and learn to sew, like a pro! Discover a stitch in time and uncover the secrets to sewing for success. Make your own project and learn how to stitch it all together by using a back stitch, lazy daisy, woven wheel and/or colonial knot. Girl Scouts of any level can earn this patch, so check it out today!

We recommend starting with this kit and moving up to the Embroidery Kit when ready.

- Science of Sewing Patch - \$10 per Kit

Registration Link:

<https://www.vineimages.org/product/wood-embroidery-kits/>

Additional Information:

- This course does require a kit to complete
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.

Dates Live Zoom:

- November 13th 1:00pm EST
- March 25th 4:00pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

EMBROIDERY KIT

Learning a craft like sewing is not just a useful skill, but it also helps stitch together the fabric of our past. Join us and learn to sew, like a pro! Discover a stitch in time and uncover the secrets to sewing for success. Make your own project and learn how to stitch it all together by using a back stitch, lazy daisy, woven wheel and/or colonial knot. Girl Scouts of any level can earn this patch, so check it out today!

This is a more challenging sewing project, using an embroidery needle and embroidery floss. We recommend starting with the yarn kit and moving up to this kit.

- Science of Sewing Patch - \$4 - \$8 per Kit

Registration Link:

<https://www.vineimages.org/product/wood-embroidery-kits-2/>

Additional Information:

- This course does require a kit to complete
- Course is roughly 60 minutes and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

HORSIN' AROUND

Perfect for Daisy, Brownie and Junior Girl Scouts. This is a great course to get a head start on safety and horse terminology before heading to the barn this spring while fueling your creative side. Start your horse journey with us and create a one of a kind sunrise/sunset horse silhouette sign. All supplies are included and patch, join us for a live zoom that will be engaging and interactive. This patch meets requirements for Girl Scouts of Middle Tennessee Lovin' and Groom' Try-It also.

- Patch – Horsin' Around - \$22 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/horsin-around-patch-with-charms/>

Additional Information:

- Course is roughly 60 minutes and will cover all patch requirements.

Dates Live Zoom:

- April 16th 2023 7:00pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED

MATH IN NATURE BUNDLE

After a year of learning inside, it's time to get outdoors! The new Math in Nature badges build on one another as Girl Scouts learn about shapes, numbers, and design in nature.

You'll plan a hiking adventure, create trail maps, and design a bird feeder—all while learning math concepts and how they apply outside the classroom. You will earn all three badges in this bundle package. Most of it is self-paced, but Vine Images is offering an introductory live Zoom that will focus on one craft project and a group discussion on nature.

- Daisy – Math in Nature Bundle - \$15 per Girl Scout
- Brownie – Math in Nature Bundle - \$20 per Girl Scout
- Junior – Math in Nature - \$20 per Girl Scout

Registration Link:

<https://www.vineimages.org/product/math-in-nature/>

Additional Information:

- This course does require some craft supplies
- Course is roughly 3 hours and will cover all badge requirements.
- The badge is not included, please purchase from your local Girl Scout Council.

Dates Live Zoom:

- April 16th 2023 6:00pm EST



OFFERED ON-DEMAND

VIRTUAL SELF-PACED